



HELP THE AGING POPULATION GET **STRONGER, FASTER**

WITH LESS STRAIN ON THE CARDIOPULMONARY SYSTEM

Loss of muscle mass and strength are nearly inevitable with aging, especially when accelerated by heart or respiratory disease.

Eccentric exercise is ideally suited for the aging population – **requiring less energy and less oxygen** than traditional concentric exercise.

High volume eccentrics help get your clients **stronger sooner, improve balance, improve stair descent, and decrease fall risk.**



Eccentric Training for Skilled Nursing, Assisted Living, & Long-Term Senior Care Facilities



“ THE ECCENTRON HAS
ENABLED ME TO BUILD
MY LEG STRENGTH
AND GAIN BALANCE ”

“ I LOVE THE ECCENRON ”

“ THE THERAPEUTIC BENEFIT
OF LOWER EXTREMITY
ECCENTRIC EXERCISE
IS INCREDIBLE ”

CLIENTS

- Build confidence in mobility and accelerate gait training
- Provide a fun, interactive strengthening experience
- Customize exercise sessions for each client's needs
- Adjust speed and resistance target for neuromuscular control
- See accomplishment with onscreen performance and progress feedback

FACILITY

- Strengthen clients for better outcomes and less reoccurring injury risk
- Gain a competitive advantage, offering unique eccentric strengthening
- Increase your referrals by validating results with objective data
- Begin rehab sooner with clients, increasing reimbursement rates
- Get patients more mobile in less time, expediting discharge

STAFF

- Keep patients motivated with engaging, game-like interface
- Easy transfer to a recumbent position
- Offer CPM mode to facilitate early range of motion and activity
- Treat clients more efficiently. Provide strengthening with less direct assistance
- Reduce injury risk during gait training. Eccentron's recumbant design eliminates the need for staff to support patients' weight

Increase the efficiency and effectiveness
of your facility with research proven,
easy-to-use eccentric training

ECCENTRON™